



Patient History Form

Name DOB Address

Race/Ethnicity Last Doctor visit/last doctor or healthcare provider

Birthplace Occupation Marital status

| Past Medical Problems | Past Surgeries | Allergies | Medications |
|-----------------------|----------------|-----------|-------------|
| 1. | 1. | 1. | 1. |
| 2. | 2. | 2. | 2. |
| 3. | 3. | 3. | 3. |
| 4. | 4. | 4. | 4. |
| 5. | 5. | 5. | 5. |
| 6. | 6. | 6. | 6. |
| 7. | 7. | 7. | 7. |
| 8. | 8. | 8. | 8. |
| 9. | 9. | 9. | 9. |
| 10. | 10. | 10. | 10. |

| | |
|--|--|
| Do you drink alcohol? If so how much weekly | |
| Do you use recreational drugs? If so which ones | |
| Do you smoke tobacco or vape ? If so how much | |
| Do you drink caffeine? If so how much | |
| How many hours do you sleep nightly? | |
| Do you exercise? If so how much | |
| Have you received all recommended vaccines? | |
| Are you sexually active? Have you had an STD test ? Do you use protection ? | |
| Females- Last menstrual cycle, # of pregnancies, # of births , 1st day last period | |



| | |
|--|--|
| Have you had any injuries? if so which ones, when, and describe | |
| Have you had a Colonoscopy? if so when/who | |
| Have you had a Mammogram? if so when/who | |
| Have you been hospitalized in the last year? if so when and why | |
| When was your last blood work? if so why/when | |
| Do you take any over the counter medications? if so which ones | |
| Do you have any family history of medical problems? if so please list all and specify which side of the family | |

Previous Medical Symptoms (please circle all applicable)

| | | | |
|-----------------|----------------|--------------------|---------------------|
| Constipation | Depression | Allergies | Shortness of breath |
| Fatigue | Hallucinations | Syncope | Heart Palpitations |
| Dizziness | Paranoia | Incontinence | Insomnia |
| Chest Pain | Diarrhea | Blurry Vision | Cancer |
| Loss of Balance | Anxiety | Sexual disorder/ED | Low energy |

Please fill in any additional information you would like to notify the doctor about. Please feel free to discuss with the Dr.Abdulhai or caregiver
